




# Whiti Ora North / West January, February, March 2024

M	<p><b>Beach &amp; Park Clean Up</b> (giving back to the community) 11am -12:30pm Various locations <i>Rike</i></p>			
T	<p><b>Lawn Bowls</b> 10.30am - 12:30pm Blockhouse Bay Bowls <i>Wenber</i></p>	<p><b>Tennis</b> 11am - 1 pm Becroft Tennis Club Forrest Hill Starts 24th <i>Feb Naga</i></p>	<p><b>WRAP</b> Time &amp; venue to be confirmed. Northshore area <i>Saskia</i></p>	<p><b>Your feedback is valued.</b> Please give your suggestions to a programme facilitator or contact us: 09 8155113 <a href="mailto:pf.admin@ember.org.nz">pf.admin@ember.org.nz</a></p>
W	<p><b>Volunteering at the Farm</b> 12:45—2:24pm Kiwi Valley Farm Park, Henderson <i>Rike</i></p>	<p>All our programmes are smoke-free</p> 		
T	<p><b>WRAP</b> 10am—12:30pm Tamil Community Centre, Hillsborough <i>Saskia &amp; Wenber</i></p>	<p><b>Yoga</b> 10:30-11:30am Blockhouse Bay Beach <i>Rike &amp; Andrea</i></p>	<p><b>Badminton</b> 1—2pm Apollo Drive, Rosedale Starts Feb <i>Fuli</i></p>	<p><b>Ask a facilitator about our Feedback Day</b></p>
F	<p><b>Inline Skating</b> 10.30am - 12pm Cost: \$3 per session ActivZone Glenfield <i>Rike</i></p>			

## Programme Locations

**Active Badminton Centre** 46 Apollo Drive, Mairangi Bay

**ActivZone** 30 Downing Street, Glenfield

**Badminton Waitakere** 149-155 Royal Road, Massey

**Becroft Tennis Club** 47 Bond Crescent, Forrest Hill

**Blockhouse Bay Beach** Carpark, end of Endeavor Street, Blockhouse Bay

**Blockhouse Bay Bowling Club** 33 Terry Street, Blockhouse Bay

**Kiwi Valley Farm Park** 308 Henderson Valley Road

**Tamil Community Centre** 426 Hillsborough Road, Hillsborough



THANK YOU to the Auckland Tamil Association for supporting us!!

## Online Programmes

### Monday

**Rainbow Social Group** 10:30am—12pm on Zoom with Bailey (1:1 support available)

### Tuesday

**Online Games** 2:30 - 3:30pm on Zoom with Wenber

**Learner License Practice** on hold, please put your name down if you're interested

### Friday

**ESOL English Tutoring for Chinese Speakers** 1 -3:30pm on WeChat/Zoom with Andrea

## How to contact Whiti Ora

**Physical address:** 51 Huia Road, Otahuhu, Auckland 1062

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Disclaimer: Whiti Ora aims to provide safe environments for all, however, please take responsibility for your own health & safety while attending groups. Please wear appropriate clothing & footwear e.g. sports clothing & shoes for physical activities, bring your own water bottle & maintain a good level of hygiene. Please discuss any concerns with your facilitator before the activity.



# Whiti Ora

**North/West Timetable**  
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